

HIPAA PRIVACY PRACTICES NOTICE

This notice describes the parameters of HIPAA, how mental health and medical information about you may be used and disclosed, and how you can get access to this information. Please review carefully.

I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

State of Mind Kansas City, LLC (DBA Greta Aronson) may use or disclose your protected health information (PHI), for treatment, payment, and health care operations purposes with your consent. To help clarify these terms, here are some definitions:

- “PHI” refers to information in your health record that could identify you.
- “Treatment, Payment, and Health Care Operations”
 - Treatment is when we provide, coordinate, or manage your health care and other services related to your health care. An example of treatment would be when we consult with another health care provider, such as your family physician or another psychologist.
 - Payment is when we obtain reimbursement for your healthcare. Examples of payment are when we disclose your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage.
 - Health Care Operations are activities that relate to the performance and operation of our practice. Examples of health care operations are quality assessment and improvement activities, business-related matters such as audits and administrative services, and case management and care coordination.
- “Use” applies only to activities within our practice such as sharing, employing applying, utilizing, examining, and analyzing information that identifies you.
- “Disclosure” applies to activities outside of our practice, i.e. releasing, transferring, or providing access to information about you to other parties.

II. Uses and Disclosures Requiring Authorization

Greta Aronson may use or disclose PHI for purposes outside of treatment, payment, or health care operations when your appropriate authorization is obtained. An “authorization” is written permission above and beyond the general consent that permits only specific disclosures. In those instances when we are asked for information for purposes outside of treatment, payment or health care operations, we will obtain an authorization from you before releasing this information. We will also need to obtain an authorization before releasing your Psychotherapy Notes. “Psychotherapy Notes” are notes that have been made about our conversation during a private, group, joint, or family counseling session, which have been kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI.

You may revoke all such authorizations (of PHI or Psychotherapy Notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) we have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, law provides the insurer the right to contest the claim under the policy.

III. Uses and Disclosures with Neither Consent nor Authorization

Greta Aronson may use or disclose PHI without your consent or authorization in the following circumstances:

- *Child Abuse*- If I have reason to suspect that a child has been injured as a result of physical, mental or emotional abuse or neglect or sexual abuse, we must report the matter to the appropriate authorities as required by law.
- *Adult and Domestic Abuse* – If I have reasonable cause to believe that an adult is being or has been abused, neglected or exploited or is in need of protective services, I must report this belief to the appropriate authorities as required by law.
- *Health Oversight Activities* – I may disclose PHI to the Missouri State Committee of Counselors for a proceeding before the Board, if necessary.
- *Judicial and Administrative Proceedings* – If you are involved in a court proceeding and a request is made for information about the professional services we provided you and/or the records thereof, such information is privileged under state law. We will not release information without the written authorization of you or your legally appointed representative or a court order. The privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.
- *Serious Threat to Health or Safety* – If I believe that there is a substantial likelihood that you have threatened an identifiable person and that you are likely to act on that threat in the foreseeable future, we may disclose information in order to protect that individual. If we believe that you present an imminent risk of serious physical harm or death to yourself, we may disclose information in order to initiate hospitalization or to family members or others who might be able to protect you.
- *Worker’s Compensation* – I may disclose PHI as authorized by and to the extent necessary to comply with laws relating to worker’s compensation/other similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

IV. Patient Rights and State of Mind Kansas City, LLC/Greta Aronson Duties

Patient’s Rights:

- *Right to Request Restrictions* – You have the right to request restrictions on certain uses and disclosures of PHI. However, we are not required to agree to a restriction you request.
- *Right to Receive Confidential Communications by Alternative Means and at Alternative Locations* - You have the right to request and receive confidential communications of PHI by alternative means and at alternate locations. (For example, you may not want a family member to know that you are being seen at my office.) On your request, we will send your bills to another address.

- *Right to Inspect and Copy* – You have the right to inspect or obtain a copy (or both) of PHI in our mental health and billing records used to make decisions about you for as long as the PHI is maintained in the record. We may deny your access to PHI under certain circumstances, but in some cases you may have this decision reviewed. On your request, we will discuss with you the details of the request & denial process.
- *Right to an Accounting* – You generally have the right to receive an accounting of disclosures of PHI. On your request, we will discuss with you the details of the accounting process.
- *Right to a Paper Copy* – You have the right to obtain a paper copy of the notice from Greta Aronson upon request, even if you have agreed to receive the notice electronically.

State of Mind Kansas City, LLC/Greta Aronson Duties:

- Greta Aronson is required by law to maintain the privacy of PHI and to provide you with a notice of our legal duties and privacy practices with respect to PHI.
- Greta Aronson reserves the right to change the privacy policies and practices described in this notice. Unless we notify you of such changes, however, we are required to abide by the terms currently in effect.
- In situations where specific advice is required, I reserve the right to seek legal advice.
- If I revise our policies and procedures in a substantial way, I will notify you in person or by mail.

V. Limits to Confidentiality

Protection – (1) I am legally mandated to report any suspected child and elder abuse or neglect. (2) I reserve the right to take any step necessary in the prevention of suicide/the imminent and direct self- harm. (3) I have an ethical duty to warn any identifiable person of intended harm.

Consultations – I may occasionally find it helpful to consult other health and mental health professionals about your case. During a consultation I will make every effort to avoid revealing your identity. Other professionals are legally bound to keep the information confidential. If you don't object, I will not tell you about these consultations unless I believe that it is important to our work together. All consultations will be noted as PHI.

Business Practices – I work with a group of independent mental health clinicians under the name Christian Psychological Services of KC. This group is an association of independently practicing professionals which share certain expenses and administrative functions. While the members share a name and office space, I am completely independent in providing you with clinical services and I alone am fully responsible for those services. My professional records are separately maintained and no members of the group can have access to them without your specific, written permission. Any Greta Aronson, LLC Business Associate will be bound by contract to provide the same level of protection as required by HIPAA.

Professional Records: Professional records, including PHI and psychotherapy notes, are handled in accord with HIPAA requirements.

Clients Rights: HIPAA provides you with several rights with regard to your professional records and disclosures of PHI. These rights included amendments to records, restrictions on disclosures, requests for accounting, and registering complaints.

VI. Complaints

If you are concerned that Greta Aronson has violated your privacy rights, or you disagree with a decision Greta Aronson, makes about access to your records, you may talk with Greta and also may send a written complaint to the Secretary of the U.S. Department of Health and Human Services.

VII. Effective Date, Restrictions, and Changes to Privacy Policy

Greta Aronson may limit the access, use, or disclosures that we will make to the following “reviewable denials:” If, in the exercise of professional judgment, we determine that access to the record is “reasonably likely to endanger the life or physical safety” of you or another person. If the requested information makes reference to another person (other than another health care provider), and in the of exercise professional judgment, we determine that access is “reasonably likely to cause substantial harm” to this other person. If a personal representative for you has requested access to the record, and in the exercise of professional judgment, we determine that such access is “reasonably likely to cause substantial harm” to you or another person.

Greta Aronson may limit the access, use, or disclosures that we will make to the following “unreviewable denials:” When access to psychotherapy notes are requested, when information is compiled in reasonable anticipation of, or for use, in a legal or administration action or proceeding. When someone other than a health care provider provides information about the patient under a promise of confidentiality, and the access to the requested information would be reasonably likely to reveal the source of the information. This notice will go into effect on January 1, 2020. State of Mind Kansas City, LLC/Greta Aronson reserves the right to change the terms of this notice and to make the new notice provisions effective for all PHI maintained. Greta Aronson will provide you with a revised notice in person or by mail.

I acknowledge that I have been provided access to the HIPAA NOTICE of policies and practices to protect the privacy of your health information maintained by State of Mind Kansas City, LLC/Greta Aronson. I am entitled to a paper copy upon request.

Date

Client's Name (please print)

Client's Signature

Representative's Name (please print)

Representative's Signature